

Module 2: Improvisations or active principles of theatre

Solo improvisations

A scene is created by putting the chairs in rows on one side of the room, leaving space in between as rectangular stage. The facilitator shows where the stage starts and stops. Participants are invited to sit as an audience and receive a series of proposals in the form of keywords.

1. Neutral

A participant should go on stage, stand there, facing the audience in a neutral manner and then leave. The facilitator may ask to repeat the action if, for example, the participant could not stay neutral and started to laugh, etc.

2. My name

Everyone goes on stage, stops at the centre in front of the public, and says neutrally "my name is XY". Again, the facilitator can give suggestions and can ask some participants to make a second try.

3. My name + emotion

The same proposal was slightly modified: Now, participants are invited on stage, to come to the centre and to say their name, but this time with several emotions such as fear, anger, joy etc.

Improvisations two

A series of improvisations is proposed to participants from duets.

1. Hardly

Both participants take the stage on opposite sides. One participant should pass without looking at the other one, while the other participant is instructed to look as if he recognizes the other person but not being entirely certain...

2. Wink

This time the person who recognizes the other participant must speak to him, but he cannot figure it out where to put his interlocutor.

3. Insist



Thirdly, one that acknowledges must insist until identifies (invite him for a cup of coffee, give him an autograph, etc .)